



Please call Grief Support Helpline at 504-418-0791

www.akulafoundation.com

ALL groups are thru ZOOM, which is a FREE download by computer or smartphone app. All groups are FREE to attend and lead by a licensed facilitator Call 504-418-0791 or for more information go to the link at the bottom of the HOME page at www.akulafoundation.com

See akulafoundation.com website for **Podcasts on Covid 19** and other topics under the Facebook icon F at the bottom left of the HOME page, under Social Media All groups are **FREE** to attend and lead by a licensed facilitator.

PO Box 850715 New Orleans, Louisiana 70185 Phone (504)421-3565

ZOOM GROUP		NEW CHILDRENS GROUP / Time
<p>Children's Grief Group Ages 7-12</p> <p>Meeting Number 843 610 01045</p> <p>Passcode 12345</p>	<p>Date 2nd and 4rd Monday</p> <p>January 9 & 23 February 13 & 27 March 13 & 27 April 10 & 24 May 8 & 22 June 12 & 26 July 10 & 24 August 7***** & 28 September 11 & 25 October 9 & 23 November 13 & 27 December 4**** & 18 ****</p>	<p>Children's Support Group</p> <p>2nd MONDAY 4th MONDAY</p> <p>5:30 - 6:30 Pm For Ages 7-12 Years For All Groups AUGUST CHANGE TO 1st MONDAY *****DECEMBER CHANGE TO 1st AND 3rd MONDAY</p>
<p>Adult Grief Group</p> <p>Meeting Number 879 8487 0708</p> <p>Passcode 749670</p>	<p>1st and 3rd Tuesday</p> <p>January 3 & 17 February 7 & 28 *** March 7 & 21 April 4 & 18 May 2 & 16 June 6 & 20 July 11 ***** & 25 ***** August 1 & 22 ***** September 5 & 19 October 3 & 17 November 7 & 21 December 5 & 19</p>	<p>6:00 -7:00 PM</p> <p>1st Tuesday 3rd Tuesday</p> <p>For All Groups *** MARDI GRAS IS 21st CHANGE TO 28 *****NOTE: JULY CHANGE TO 2nd and 4th TUESDAYS *****AUGUST CHANGE TO 4th TUESDAY</p>
<p>COVID-19 Support</p> <p>Zoom Meeting Number 869-4265-1318</p> <p>Passcode 1234</p>	<p>1st and 3rd Thursday</p> <p>January 5 & 19 February 2 & 16 March 2 & 16 April 6 & 20 May 4 & 18 June 1 & 15 July 6 & 0 August 3 & 24 ***** September 7 & 21 October 5 & 19 November 2 & 16 December 7 & 21</p>	<p>Covid-19 Support Group</p> <p>1st THURSDAY 3rd THURSDAY</p> <p>Thursday 6:00 -7:00 Pm</p> <p>For All Groups *****AUGUST CHANGE TO 4th THURSDAY</p>

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