

# 2016 Annual Report

The Akula Foundation had another successful year of growth in providing community programs to area communities at no cost. The Akula Foundation has continued to offer programs free to the community to address the problems of the lack of access and services in health and wellness. The Akula Foundation expanded its offerings and facilitated hundreds of volunteer hours in health outreach projects this year.

## THE FOUNDATION HAS THE FOLLOWING PROGRAMS:

### Hospice Care to Indigent Patients through Canon Hospice

Over **30 patients** received hospice care who did not have health care insurance benefits in our community, representing over **1000 days of care** and a **monetary value of over \$120,000**.

### Nursing Home Reminiscence Programs

**Reminiscence Therapy (RT) group sessions** to improve social interaction are currently being offered in over **100 nursing homes** and assisted living centers throughout the New Orleans, Baton Rouge, Lafayette, the Northshore, the Mississippi Gulf Coast, and North Carolina. On average, 1,300 nursing home residents participate in reminiscence groups per month for a total of **15,600 yearly**. The Akula Foundation has continued to partner with the Psychology Department of the University of Louisiana at Lafayette in research projects on the efficacy of reminiscence outreach groups.

### Grief Support Groups

The grief support groups are offered in the greater New Orleans, Baton Rouge, Northshore, and Mississippi Gulf Coast. They are open to anyone in the community that has experienced the death of a loved one or other significant loss. Over **22 groups** were offered each month on a regular basis in **hospitals** and other **public assess locations**.

### Continuing Education- CEU Credit Workshops for Health Care Workforce

The workshops offered cover:

- Grief and Recovery
- Anxiety Disorders
- Gender Differences
- Personality Disorders
- Palliative Care and Hospice
- Ethical Issues
- Depressive Disorders
- Elder Abuse Issues
- Advanced Illness Management

A total of **47 one hour CEU workshops** were offered with over **1680 healthcare professionals** attending the sessions.

### Advanced Illness Management Program

The **AIM program** is an assistance outreach to family and patients which focuses on the health care management of chronic and complex illness. The program has cared for over **215 patients** and is currently caring for 32 patients.

### Children's Bereavement Camps

Camps are offered **three times** a year in New Orleans, Baton Rouge, and Gulfport. This year over **80 children**, recovering from loss, attended **Camp Swan**.

### Weekly Radio Broadcast of Health Care Issues Program

**The Canon Hospice Health Hour** is broadcast every Saturday. A total of **104 shows were broadcast for the year** providing information on community health issues to serve the public.

The shows air in the following areas:

- New Orleans - 2:00 pm on **99.55 FM WRNO**,
- Mississippi Gulf Coast - 2:00 pm on **104.9 FM WBUV**
- Baton Rouge - 10:00 am on **1150 AM WJBO**.

### Legacy Moments

The **Legacy Moments Program** was created in **2015**. The program provides DVDs and memorial books to all hospice patients and their families. The patient's family and friends are encouraged to bring in photographs and stories about the patient that are then compiled into a commemorative DVD and book. In **2016** the foundation **created over 50 books and DVDs**

Our 501-C-3 non-profit organization relies on donations from the community and we ask that you consider us in your next tax deductible donations.

For more information:

Call (504) 818-2723

visit our website:  
[www.akulafoundation.com](http://www.akulafoundation.com)